### Our Goal

As a Community Focal Point designated by the Western Illinois Area Agency on Aging, our goal is to link all residents of Mercer County over the age of 60 to community resources.

### **Outreach**

We have an Outreach Specialist who can come to your home and assist you in applying for available programs and services. Outreach also can link you to services within the community and surrounding area. During Medicare Open Enrollment (Oct 15 – Dec 7) plan comparisons may also be done in your home or in your local community room at your facility of residence. Outreach also canvasses throughout Mercer County informing residents of available programs and activities.

### 1 & A

(Information and Assistance)
For the most up to date information on accessing community resources call our I & A specialist. Our I & A specialist is here to answer questions concerning local, state or federal programs, activities, services or benefits available to Senior Citizens.

Center Hours Monday - Friday 8:00 a.m. – 3:00 p.m.

Phone: 309-582-5492 309-582-7221 888-825-1050

Or visit us on our website at: mercercountyseniorcenter.com

Or on our Facebook page at: Mercer County Senior Center

### MERCER COUNTY SENIOR CENTER 137 West Main Street Aledo, IL 61231

The center is a member of Alliance of Information & Referral Systems and has AIRS-Certified staff ready to assist you.



Partially funded as an ADRC-Aging and Disability Resource Center, through Western Illinois Area Agency on Aging

Programs and services are funded in part by Western Illinois Area Agency on Aging (WIAAA). WIAAA and Mercer County Senior Center do not discriminate in admission to programs or treatment of employment in programs and activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act, the Age Discrimination Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department of Aging.

For Information call 1-800-252-8966 (Voice or TDD) or the Program Services Manager of the Western Illinois Area Agency on Aging, 792 34<sup>th</sup> Avenue, Rock Island, IL 61201 or phone 1-800-322-1051.

#### **MERCER COUNTY SENIOR CENTER**

137 West Main Street Aledo, IL 61231 309-582-5492 or 309-582-7221 Email: mcscenter053@gmail.com

Mercer County Senior Center does not endorse any for profit or Nonprofit entity that shares space, partners with, &/or advertises within our establishment.

# MERCER COUNTY SENIOR CENTER

137 West Main Street

Aledo, IL 61231

Providing access to a full range of services for all Mercer County residents as an ADRC-Aging and Disability Resource Center

### **Center Hours**

Monday - Friday 8:00 a.m. - 3:00 p.m.

Phone: 309-582-5492

309-582-7221 888-825-1050

Or visit us on our website at: mercercountyseniorcenter.com

Or on our Facebook page at: Mercer County Senior Center Are you age 60 or older or on disability? You may qualify for the following programs. Let us check your eligibility for:

<u>License Plate Discount-</u> Discounts are now available for 2 years.

MSP- Medicare Savings Program is a Federal assistance program that can help with Medicare A and B premiums. LIS-EXTRA HELP is a Federal prescription drug assistance program.

## <u>Items needed to apply for above programs:</u>

\*Correct Social Security number, date of birth and Medicare card.

\*Proof of income from previous year. ALL 1099s you received, including from Social Security and any retirement 1099Rs, annuities, or any other source of income. \*W2s or Federal tax form 1040 if you file taxes.

We can link you to other services including but not limited to:

- \* Caregiver Information
- \* Chore/housekeeping/homemaker
- \* Case Management
- \* Legal Assistance
- \* Mental Health Services
- \* Social Security
- \* Transportation
- \* Home Delivered Meals
- \* Congregate Meals

#### **AVAILABILITY**

The Center is available to rent. The dining room has an 80-seat capacity with additional casual seating.

We have trained personnel to assist you with Medicare forms, enrollment, appeals and Medicare D Drug Plan Comparisons and Enrollment.

### Medicare D Drug Plan comparisons and enrollment October 15 – December 7.

We can assist you in applying for Medicaid, SNAP, and senior Housing. We can do a benefits check up to see if there are further programs to help you.

### **Arthritis Exercise Classes**

Every Tuesday and Thursday 10:00 – 10:30 Juice served after class

### **CAREGIVERS SUPPORT GROUP**

Second Wednesday - Every month
1:30 p.m. - 3:00 p.m.
Anyone who is a caregiver is welcome to attend. Relevant topics with individual discussions are presented in a small group setting. Refreshments are also served.

### **SCREENINGS:**

Hearing Screenings are done at the Center by **Dr. Hartman** from Davenport Audiology & Hearing Aid Center, Inc. Please check the newsletter calendar for days/times or call to schedule your appointment. **563.386.8885** or **1.800.728.9115** 

Blood Pressure Screenings are done monthly at the Center by **Western Illinois Home Healthcare**.

Please check the newsletter calendar for days/times.

### COMPUTER LAB & INTERNET HOT SPOT

Monday-Friday 8:30-2:30 Open to the public, must be 18 years old or older.

### PROJECT NOW/CONGREGATE MEALS:

Meals are served at the center at 11:30 a.m. Monday-Friday. **Reservations for a meal must be made by noon the day before**. Please call 309-582-5492 to reserve your meal. Suggested donation for meal: \$3.00.

**Homebound Meals** are also provided by Project NOW for a suggested donation of \$4.00. For more information please call 309-582-2644.

### **ACTIVITIES**

Seniors are invited to "stop-in" during Center hours to visit and make new friends.

Books, magazines, puzzles and games are available for loan or purchase.

Monthly parties and recreational activities are planned and scheduled.

Bingo first Wednesday of the month at 12:30 p.m.

Tri-Ominos, pool tables, Wii, DVDs, Karaoke, card clubs and other games and a craft table are all available in the Center for senior use and enjoyment.

#### **GAMES AVAILABLE DAILY:**

Wii games & Tri-Ominos