

October 2018 Mercer County Senior Center

www.mercercountyseniorcenter.com



Upcoming Events

10/03/18: 12:30 Bingo with Aledo Rehab!

10/06/18, 1-5:00 Quilt Show & Tea

10/08/18, Columbus Day-Center is Closed in Observance. All attending the Branson Trip will meet at the center and board the bus even though we are closed. Bus arrives at 7:30 and we will board at 8:00 am.

10/10/18, 1:30-3:00 Caregiver Coffee Hour

10/11/18, 10:30-11:15 Connections w/ Milicent

10/15/18, Medicare Open Enrollment Begins

10/19/18, 10:30-11:30 WIIHC Blood Pressure Screenings

10/25/18, 10:00 General Board Meeting

10/31/18, 10:15 YMCA Children's School Trick or Treaters.

PROJECT NOW/CONGREGATE

MEALS: Meals are served at the center at 11:30 a.m. Monday-Friday. **Reservations for a meal must be made by noon the day before.** Please call 309-582-5492 to reserve your meal. Our new phone system should route you directly to Deb now. Suggested donation for meal: \$3.00.

Hello October!

I blinked and the month was gone. I am afraid we may go straight from Hot to Cold too. Remember just as we are a cooling center in the summer months, we are a warming center in the winter months. With the remodel of the Caregiver Corner we have the Coffee Station set up and usable so if you are in need of a warm cup of coffee, tea, cocoa or hot apple cider stop in.

The MCSC is seeking to fill a few seats for the Board of Director's. The duties involve being available monthly, for the Board meetings on the 2nd Tuesday each month at 9:00 am. As well quarterly in the first 3 quarters for the General Board meetings, on the 4th Thursday, 10:00am. In the 4th quarter we will meet more often due to nominations, annual meeting and elections. Throughout the year it is encouraged for Board Members to assist with projects, fundraisers and events at the center. Any interest and/or questions can be directed to Kim.

Speaking of the General Board meeting the 4th Quarter General Board Meeting is scheduled for 10/25, 2018, 10:00 am. Snacks will be provided. Even more important we will be discussing the MOU and Proposal from The YMCA in regards to our possible Co-Locating with them. Please plan to attend, give your opinions, vote, and discuss the terms. The study has reinforced the idea to move forward, blueprints are being prepared and real negotiations are in the process. If it matters to you if we Co-Locate or not be here on the 25th!

The most important thing I can state to you this month is "It's Medicare Open Enrollment Again! (10/15/18-12/07/18) Last year we helped 22 clients save a combined \$49,819.95 by comparing their current Med D Plan and ultimately switching carriers. This is the time to do an annual checkup on your Prescription Coverage (Med D Plans) and Health Benefits if you have a Medicare Advantage Plan. Please don't be a victim of being in love with your Med D Plan!!!! We are already booking appointments, please call today to secure yours. Please bring your current medication list or the actual prescriptions, along with your Medicare card, current Prescription Coverage Card and be able to provide your Date of Birth, Name and Address. In the event you bring Proof of Income (1099's from SSA, Pensions, and Wages Etc.) We can screen for 2 programs that can assist with the premiums and copays. MSP (Medicare Savings Program), if you are eligible, can assist with the premiums for Medicare. LIS (Extra Help) is a program that can assist with the premiums and copays for the Medicare Med D Plans (Prescription Coverage). All staff at the Mercer County Senior Center are trained and certified SHIP Counselors ready to help you capture the educated facts so to make the best decisions for YOU! Give us a call Today.

You can never cross the ocean until you have the courage to lose sight of the shore. –Christopher Columbus

SCREENINGS

On October 5th, 8:00-12:00, at the South Park Mall, Moline, IL there will be a Senior Health Fair & Expo. There will be FREE Health Checks, door prizes and more. The first 250 guests will be treated to a breakfast Buffett from 9:00-11:00. You can also get your flu shot, if you bring your insurance card.

You are cordially invited to a quilt show and tea on October 06, 2018, 1:00-5:00 at the Mercer County Senior Center. Come for the afternoon and enjoy desserts, tea, coffee or water while enjoy the assortment of quilted items on displayed. Admission is Free and there will be door prizes. This show is sponsored by the Mercer County Quilt Guild.

Milicent from Beacon of Hope Hospice will be returning this month to present on Connections. She will be here on Thursday, October 11th, 10:30-11:15, stop in and hear what all opportunities she has to offer.

The preschoolers from the YMCA Children School will again be here to Trick or Treat for Halloween. They will arrive on October 31st, 10:15 am. Please plan to bring your favorite candy to share with them. The truth of the matter we may be giving them the candy, but these littles give so much more back to all who share in the event. It is always so heartwarming to see each costume, hear them sing and to enjoy there pure innocence.

Looking ahead to November we will have Judi Minor in to teach a Fused Glass Pendant Class. Each who partake, for only \$10.00, will be able to make your own pendant. You do not need to have any prior knowledge or buy any tools/supplies. She will provide everything. Once the class is done, she will take all back to her firing kiln, yet promises all will be back in time for gift giving, as early as Thanksgiving. Look for the sign-up sheet and date and time to be confirmed with in the first week of October.

As well in the near future we will start the transformation for Holly Days (12/7/18). Volunteers will be much appreciated. This year we will again adopt a Senior from our community to bless with Christmas Prizes and Food Boxes. In addition we will also gather nonperishables to be donated to the Food Pantry. I do not have the specifics for our adoptee yet, but will be receiving facts soon and will be sure you are aware of favorite colors, needed items and/or wish lists. Thank you in advance for helping share the reason for the season.

As always we are your resource center for all Federal, State and Local Programs that could be of benefit to you. We are also a lending closet for many medical equipment's that can be obtained FREE of charge. Call today to secure an appointment and/or to check and see if we have the _____ you or a loved one are in need of. Thank you again for allowing Michelle, Melissa and I to be here to assist you.-Kim

Happy Birthday to our October Babies:

01 Ginny Boultinghouse & Rosie Stull	04 Kenneth Lundeen
15 Betty Dowd	16 Shirley Hood
21 Rita Breitmeyer & Joyce Smith	29 Michelle Robinson

Did you know: The Tallest Man in the world was born in Alton, IL & even though He has passed on, He still holds the Record in the Guinness Book of Records!

Trunk or Treat will be held again at the Methodist Church during Trick or Treating Hours; October 31st, 2018, 5:00pm-7:00pm.

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Hearing Screenings Dr. Hartman from Davenport Audiology & Hearing Aid Center

Blood Pressure Screenings Monthly at the center by Western Illinois Home Healthcare

Mercer County Senior Center does not endorse any for profit or Nonprofit entity that shares space, partners with, and/or advertises within our establishment.

COMPUTER LAB & INTERNET

Monday-Friday 8:30-2:30 Open to the public, must be 18 years old or older.

Arthritis Exercise Classes Every

Tuesday and Thursday, 10:00 – 10:30, Juice served after class!

Remember shop online through [Amazonsmile.com](https://www.amazon.com) for us to receive a donation.

AVAILABILITY- Remember the center is a great place to rent for your family gatherings, showers, & parties. Comfortably seat's 80!