

May 2024



## Mercer County Senior Center

137 W Main St. Aledo, IL 61231

309-582-5492/309-582-7221/888-825-1050

Hello **All**,

**May** is here already, hard to believe we are already into the 5<sup>th</sup> month of the year. **Happy Mother's Day** to all woman. We may be a mom, have/had a mom, are a sister to someone, auntie, etc. Yet I always feel like all woman should be honored. To all our **Veterans** that gave the ultimate sacrifice we will observe and honor you on **Memorial Day. May 27<sup>th</sup> the center will be closed.**

The month of May is **Stroke Awareness**. Tracy Jared Smith, a stroke survivor and motivational speaker will be here to discuss the signs, symptoms and her successes.

May is also **Older American Month!** Created by JFK in 1963. The entire month is an opportunity for us to all stop and thank those who have built us!

**Westat** will be conducting the **2024 National Survey of Older Adults** beginning in **May**. Clients will receive **survey information packets** describing the study. If you or your loved one has received services in **Case Management, Congregate Meals, Home Delivered Meals, Homemaker Services &/or National Family Caregiver Support Programs** you may see this survey in the near future.

Additionally, I received notice that many on **Medicare** with **LIS (Extra Help)** may receive letters or notice for **past due amounts from 2023** for your drug coverage. This incorrect and you are **not expected** to pay it. If you have a plan that is not a **Bench Mark** plan for **2024** you may in fact owe on your

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**Stay Engaged at your Clubhouse!**

**The winner for April Icon search was Barb Hill! Find this month's Tulip, then call to be included in this month's drawing.**

**Every Monday the Center is Open: Virtual Moving with Milly (10:00) Bridge, (12:00)**

**Tuesday & Thursday: Open Tri-Ominos**

**Friday: Open Cards (12:00)**

**Nutrition News Corner: Hello All,**

**For Jamieson Center Congregate Meals; Hannah Clark, Aledo's Congregate Meal Site Manager, is who you need to reserve a meal with, prior to 1:00 p.m., the day before your requesting to attend. Please Call her @ 309-337-1938.**

**Please Call Jamieson Center for Home Delivered Meals, at 309-734-4251.**

**Please come pick up a menu or newsletter at Our Meal Site Desk. Thank You- The Nutrition Team!**

**Hy-Vee Breads are on hold until we get a volunteer. RIP Bill Glenn.**

premiums. Any letters or notices you receive just **give us a call** so we can schedule to review all with you.

The staff and I are always trying to think of **engagements** that will be fun for all. Please join us this month as we continue to work on our **MCSC Scrapbook**. Come learn to play **BUNCO**. Bring your own **vase** and we will supply the **fresh flowers** for you to make arrangements. Towards the end of the month, we will again plant our **container flowers** for the front of the center. As always, we still offer a **friendly phone visit** once a week if you would like. Just call us and let us know. Please see the **activity calendar** for all times and dates.

Throughout all of **May** we will host as a **diaper drop off site** for **Loving Bottom Diaper Bank**. This is the program that we get to utilize for many of our **community members**. **LBDB** assist in gap filling of **incontinence items, menstrual** and **babies**. Any assistance will be greatly appreciated.

**Caregiver's click on the TCARE link.**

[www.mercercountyseniorcenter.com](http://www.mercercountyseniorcenter.com)

This is your Clubhouse and your one stop shop to receive all **Local, State & Federal Programs**. Please call us with any and all questions for **Medicare, Drug Co-Pay Assistance, Part B reimbursement, Medicaid, License Plate discounts, Caregiving, Stress Busting, Caregiver TCARE, Social Engagements and More!** Thank you, we look forward to seeing you soon, Kim, Michelle, Taylor & Molli.

**Happy Birthday to Our May Babies: 06 Lola Flores, 08 Grace Moyer, 17 Annette Speer & Margaret Reinhardt, 25 Deb Mitchell**

**Any suggestions, are always welcomed for activities, day trips, etc. Please call to let me know or tell my staff and they will forward the information to me.**

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**The Mercer County Senior Center Endowment is now at \$21,985.66!**

**Mercer County Senior Center Does Not Endorse any for Profit or Nonprofit Entity that shares space, partners with, and/or Advertises within our Establishment.**

**AVAILABILITY-The Center is a Great Place to Rent for your Family Gatherings, Showers, & Parties. Comfortably seat's 80!**

**Dr. Hartman: 563-386-8885 Appointments & Walk-ins 3 times a month!**

**The Computer Lab is ready with 10 New Chromebooks & The Theater Room with Massage Chairs & a Smart TV.**

**Sometimes the Egg Lady has extra Farm Fresh Eggs and will sale them for \$2.00 a dozen, if interested call the day before and I'll check if she has some.**