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February 2025

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## Mercer County Senior Center

137 W Main St. Aledo, IL 61231

309-582-7221/855-582-6272

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Hello **All**,

**What a start to the first of the year!** As we all have heard, **Humana is no longer with MercyOne.** But, **don't panic Medicare Advantage plans have until March 31<sup>st</sup>, 2025 to change** to another **Medicare Advantage plan or back to traditional Medicare (A, B, &D).**

With **February** also comes with **snow & school closings.** Remember to listen to **WRMJ, Channel 6 & 8** for any **Weather Closings** that affect the **Center.** A good rule of thumb is if the **Mercer County Schools Close**, so will the **Center.**

**We** would like to **extend** our **heartfelt gratitude** to **Skidders Landscaping** for their **generous donation of snow removal services** to our **center.** Thanks to **their support**, our **clients** and **members** can **safely access our facilities.**

**We extend** our **heartfelt gratitude** to **Bobbie** for her **incredible dedication** and **countless volunteering hours.** Her efforts have been **invaluable**, and **we** are **immensely grateful** for her **unwavering support.** Thank you, **Bobbie**, for **being** such a **vital part** of our **mission!**

Additionally, **we** would like to **express** our **sincere appreciation** to **everyone** who has **contributed through donations** to the **center.** Your generosity **enables us** to continue **our work** and make a **meaningful impact** in **our community.** Thank you all for **your kindness and support!** **We always have a need of water bottles!** **Donations would be greatly appreciated!**

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"February is the border between Winter and Spring" ~Terri Guillemets

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Stay Engaged at your Clubhouse!

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The winner for the December Icon search is Gary Schomburg! Find this month's **Heart** then call to be included in this month's drawing.


Every Monday the Center is Open:  
Virtual Moving with Milly (10:00)

Monday & Friday's: Bridge (12:00)  
\*Only when the office is opened! If we are only offering meals that day, we will not be hosting cards! \*

Nutrition News Corner: Good Nutrition is essential for a vibrant, healthy life at any age. For those 60 and older, our Senior Nutrition program provides not only nutritious and delicious meals in a welcoming environment but also opportunities for social and mental engagement. Join us to support your health, stay connected with others, and thrive in a supportive community. We serve congregate meals at Mercer County Senior Center, M-F at 11:30AM for all adults 60+. Check out our menu and choose your favorites! Reservation required 24 hours in advance. Call Hannah at 309-337-1938 to secure your spot! Thank you, Jamieson center Staff.

**Michelle** will be **Presenting at Edwards River Library in Aledo** for **Caregivers** on **2/10/2025 @ 10AM!** If you have **questions**, please give her a **call 309-574-0111!**

Our **activity calendar** is full of possibilities for **engagement**. Please stop in to sign-up for them. We will have our **Senior Digital Class 2/11/2025 @ 10am**. We won't be having Gal's Day this month instead we are going to have a **Game Day, ALL are welcomed! 2/11/2025 @ 12:30!** **Men's meal** and **Bingo** will be on **2/20/2025 @ 11:30 & 12:30!** If you have an activity you would like to do, please let **Molli** or **Taylor** know!

**Caregivers** we need your help, please do an **online assessment** to **assist** with **Caregiving needs** to help reduce the **workload/stress**. click on the **TCARE link** or visit  [www.mercercountyseniorcenter.com](http://www.mercercountyseniorcenter.com)

Calling all able body's that would like to **Volunteer**. We have a variety of ways you can make a difference, make new friends, and give back to the community. **Outreach** would **appreciate** a **volunteer** when she is out **Canvassing**. Our **Friendship line** is an excellent way to volunteer if you have the gift to gab.

In **Honor of Presidents' Day**, the center will be **CLOSED** on **2/17/2025**. There will be **NO Meals!** **Amanda Potter** will still be coming to the **Center** for the **Foot Clinic** on **2/17/2025 from 1-4**, if we get enough signed up. **You must sign up!**

This is your Clubhouse and your one stop shop to receive all **Local, State & Federal Programs**. Please **call us** with **any and all questions** for **Medicare, Drug Co-Pay Assistance, Part B reimbursement, Medicaid, License Plate discounts, Caregiving, Stress Busting, Caregiver TCARE, Social Engagements and More!** Thank you, we look forward to seeing you soon, **Michelle, Taylor & Molli**.

**Happy Birthday to Our February Babies: 2/18: Donald Manthe, 2/27: Jeanne Balmer!**

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**Jamieson Center is also hosting their own activities. They will be doing a Brain Teaser on 2/10/2025. As well as a Table of Games on 2/28/2025. Please give Hannah a call with more questions.**

**Remember we are a warming station Monday -Friday, 8:00-3:00. Most days we have Whitey's Ice cream too!**

**Mercer County Senior Center Does Not Endorse any for Profit or Nonprofit Entity that shares space, partners with, and/or Advertises within our Establishment.**

**AVAILABILITY-The Center is a Great Place to Rent for your Family Gatherings, Showers, & Parties. Comfortably seat's 80!**

**The Computer Lab is ready with 10 New Chromebooks & The Theater Room with Massage Chairs & a Smart TV.**