

April 2025 💧

## Mercer County Senior Center

137 W Main St. Aledo, IL 61231

309-582-7221/855-582-6272

Hello **All**,

**Spring** is here! With that comes the **TAX** deadline. If you still need to file, please call one of our VITA Sites. **Deadline is April 15<sup>th</sup>!** Give them a call at **563-355-4310**.

We are planning a **Day Trip** on the **Celebration Belle** scheduled for **June 12, 2025**. The **Cost per person is \$70.00**, which includes sticky buns & fruit when we board, a hot lunch, the **gratuity**, entertainment and the cruise. We have confirmed the **Day Trip**.

The **Foot Clinic** will be back on **4/21/2025** appointments start at **1 until 3:30pm**. **You MUST sign up!** Don't forget your towel!

We will be having the **preschoolers** from the **YMCA** will be coming at **10am** on **April 11, 2025** for an **Easter Egg Hunt**.

We still have room on our **Diamond Tour Trip** to **The Ark Encounter**. A **\$75.00 deposit is due** when signing up. All **deposits** have to be turned in to **Diamond Tours** by **May 8<sup>th</sup>**! Please reach out with any questions!

We will be taking **Mercer County Senior T- shirt orders!** We have a **sign-up sheet!** The price is **\$10.00** per **person**. Please let us know the **size** and **color** you would like.

**Prairie State Legal** will be doing a presentation on **4/15/2025** @ **10am** here at the **Center**. Their flyer is attached!

We still need 5 people to get our **Stress Busting Class** started! Understanding the **challenges caregivers** face in **finding time**



Stay Engaged at your Clubhouse!

**The winner for the February Icon search is Barb Hill! Find this month's Rain Drops then call to be included in this month's drawing.**

**Every Monday the Center is Open: Virtual Moving with Milly (10:00)**

**Monday & Friday's: Bridge (12:00)**  
**\*Only when the office is opened! If we are only offering meals that day, we will not be hosting cards! \***  
**Nutritious Meals for Seniors—Join Us In Person or at Home**

**If you are 60 or older, we have two great ways for you to enjoy a nutritious meal.**

**Join us at one of our six congregate meal sites, where you can enjoy a nutritious meal while connecting with others in a welcoming community. Meals are provided with a suggested donation of \$3.50.**

**If mobility challenges make it difficult to attend in person, you may be eligible for home-delivered meals. Call 309-734-4251 to complete a quick assessment.**

**This program is partially funded by Western Illinois Area Agency on Aging and United Way of Greater Warren County. For more information and to find a meal site near you, visit:**  
<https://www.jamiesoncommunitycenter.org/senior-nutrition>

"April is a gentle reminder that life's transformations are beautiful and inevitable." ~ Ellen Lovell

for **themselves**, we're introducing **several new ways** to participate, including a **virtual option**. We recognize how **difficult** it can be to **step away** from your **loved one**, so we want to make it as **easy** as possible for you to **attend**. To support this, we will **provide all** the **necessary supplies** for **participating** in the class **virtually** from the comfort of **your own space**. **This way**, you can still **benefit** from the **class** without the added **stress** of travel.

Our **activity calendar** is full of possibilities for **engagement**. We will have our **Senior Digital Class 4/8/2025 @ 10am**. We won't be having Gal's Day this month instead we are going to have a **Game Day, ALL are welcomed! 4/8/2025 @ 12:30!** Men's meal and **Bingo** will be on **4/24/2025 @ 11:30 & 12:30**. We are going to try **Chair Yoga** this month as well as **Moving with Milly** on Mondays.

**Caregivers** we need your help, please do an **online assessment** to **assist** with **Caregiving needs** to help with the **workload/stress**. click on the **TCARE link** or visit [www.mercercountyseniorcenter.com](http://www.mercercountyseniorcenter.com)



Calling all able body's that would like to **Volunteer**.  
<https://www.justserve.org/MercerCountySeniorCenter>

This is your Clubhouse and your one stop shop to receive all **Local, State & Federal Programs**. Please **call us** with **any and all questions** for **Medicare, Drug Co-Pay Assistance, Part B reimbursement, Medicaid, License Plate discounts, Caregiving, Stress Busting, Caregiver TCARE, Social Engagements and More!** Thank you, we look forward to seeing you soon, Michelle, Taylor & Molli.

**Happy Birthday to Our April Babies:**4/1: Vicki Boruff 4/6: Marjorie Olson, 4/12: Sue Jones, Karen Adolphson, 4/13: Larry McAuley, 4/15: Mary Bewley 4/18: Connie Alexander, Annie Rudsell, 4/23: Janice Moore, Vaunda Spivey, 4/30: John Waugh

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**We serve congregate meals at Mercer County Senior Center, M-F at 11:30AM for all adults 60+. Check out our menu and choose your favorites! Reservation required 24 hours in advance. Call Hannah at 309-337-1938 to secure your spot! Thank you, Jamieson center Staff.**

**Jamieson Center is also hosting their own activities.**

**Remember we are a warming station Monday -Friday, 8:00-3:00. Most days we have Whitey's Ice cream too!**

**Mercer County Senior Center Does Not Endorse any for Profit or Nonprofit Entity that shares space, partners with, and/or Advertises within our Establishment.**