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July 2025

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## Mercer County Senior Center

137 W Main St. Aledo, IL 61231

309-582-7221/855-582-6272 Fax: 309-929-4726

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Hello **All**,

Rhubarb fest is over, but we still have some **Rhubarb** and **Strawberry Rhubarb** pies left! **\$10.00/each**. **Rhubarb Jam 2** for **\$5.00** and **Strawberry Rhubarb Lemonade 2** for **\$5.00**

**Senior Farmer Market Vouchers** will be coming out **sometime** this month. I unfortunately **don't** have an **exact date** to when they will be available. **Once** we can **pick** them up and **get** the **date** to **start passing** them out. We will **call everyone on our list**. **This is first come, first serve**.

The heat is on us. Remember we are a **cooling center M-F, 8:00-3:00**. We also have **Wi-Fi** that you may use while you are here.

We had a **great time** on the **Celebration Cruise** that we are looking at doing one in **September, Tribute to the Rat Pack Cruise**. If you would be interested, please let us know!

We hope to see you all at **Senior Day** at the **Mercer County Fair, July 10<sup>th</sup>, 2025 10a-1pm**. **Brookstone of Aledo** will be providing **food** and **entertainment!** Flyer attached!

We still **need 5 people** to get our **Stress Busting Class started!** We recognize how **difficult** it can be to **step away** from your **loved one**, so we want to make it as **easy** as possible for you to **attend**. To support this, we will **provide all the necessary supplies** for **participating** in the class **virtually** from the comfort of **your own space**. **This way**, you can still **benefit** from the **class** without the added **stress** of travel.

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"Here's to making so many joyful memories in July that summer stays in your soul throughout the rest of the year." Unknown

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Stay Engaged at your Clubhouse!

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**The winner for the May's Icon search is Janice Moore! Find this month's **Firework** then call to be included in this month's drawing.**

**Every Monday the Center is Open: Virtual Moving with Milly (10:00)**

**Monday & Friday's: Bridge (12:00)**  
**\*Only when the office is opened! If we are only offering meals that day, we will not be hosting cards! \***  
**Nutritious Meals for Seniors—Join Us In Person or at Home**

**If you are 60 or older, we have two great ways for you to enjoy a nutritious meal.**

**Join us at one of our six congregate meal sites, where you can enjoy a nutritious meal while connecting with others in a welcoming community. Meals are provided with a suggested donation of \$3.50.**

**If mobility challenges make it difficult to attend in person, you may be eligible for home-delivered meals. Call 309-734-4251 to complete a quick assessment.**

**This program is partially funded by Western Illinois Area Agency on Aging and United Way of Greater Warren County. For more information and to find a meal site near you, visit:**

**<https://www.jamiesoncommunitycenter.org/senior-nutrition>**

Our **activity calendar** is full of possibilities for **engagement**. We will have our **Senior Digital Class 7/8/2025 @ 10am**. We will have **Game Day, ALL are welcomed! 7/8/2025 @ 12:30!** **Men's meal and Bingo** will be on **7/17/2025 @ 11:30 & 12:30**.

**Caregiver and Grief Support** group will be on **7/9/2025** from **1:30-3pm**.

**Davenport Audiology** is here every **other Wednesday** from **9a-1p** You will need to **call** their **location** to set an **appointment (563) 386-8885**

**Foot Clinic** will be back on **August 18**. Please **call ahead** to **reserve** your spot **1-4p**. Don't **forget** to **bring** your **own towel!**

In **honor** of **Independence Day** we will be closed **July 4**, including **meals**.

**Caregivers** we need your help, please do an **online assessment** to **assist** with **Caregiving needs** to help with the **workload/stress**. click on the **TCARE link** or visit [www.mercercountyseniorcenter.com](http://www.mercercountyseniorcenter.com)



Calling all able body's that would like to **Volunteer**.  
<https://www.justserve.org/MercerCountySeniorCenter>

This is your Clubhouse and your one stop shop to receive all **Local, State & Federal Programs**. Please **call us** with **any and all questions** for **Medicare, Drug Co-Pay Assistance, Part B reimbursement, Medicaid, License Plate discounts, Caregiving, Stress Busting, Caregiver TCARE, Social Engagements and More!** Thank you, we look forward to seeing you soon, Michelle, Taylor & Molli.

**Happy Birthday to Our July Babies: 7/06: Gary Schomburg, 7/14: Thomas Wilson, 7/27: Bettie Speer, 7/29: Shelia Sedam,**

**7/31: Rosemary Downey**



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**We serve congregate meals at Mercer County Senior Center, M-F at 11:30AM for all adults 60+. Check out our menu and choose your favorites! Reservation required 24 hours in advance. Call Hannah at 309-337-1938 to secure your spot! Thank you, Jamieson center Staff.**

**Jamieson Center is also hosting their own activities.**

**Brain Teaser will be on July 8th @ 12pm**

**Coloring will be on July 22nd @ 12pm**

**Remember we are a cooling station Monday -Friday, 8:00-3:00. Most days we have Whitey's Ice cream too!**

**Mercer County Senior Center Does Not Endorse any for Profit or Nonprofit Entity that shares space, partners with, and/or Advertises within our Establishment.**

**AVAILABILITY-The Center is a Great Place to Rent for your Family Gatherings, Showers, & Parties. Comfortably seat's 80!**