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September 2025

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## Mercer County Senior Center

137 W Main St. Aledo, IL 61231

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Hello **All**,

**Fall** is knocking on our doors, **September 22<sup>nd</sup>** is the official date for **Autumn. Annual Open Enrollment** is right around the corner! **October 15<sup>th</sup>- December 7<sup>th</sup>**. Is the time to **review** all **Medicare Advantages** and **Medicare Prescription Drug Plans**. Don't have **Medicare regret!** **Call** and **set up** your **appointment!** With **AOE** coming up and it being our **busiest** time of the **year**, we ask that you **make** an **appointment!** We will **have** a few **walk-in** days; those are to be announced.

We will be a **Mercer Market** on **Saturday the 13<sup>th</sup>** selling **Pork Chops**, we **start** serving at **11a**.

Several people have asked about doing another **Celebration Belle**, so we are going to do the **Fall Foliage Lunch Cruise** on **October 23<sup>rd</sup>, 2025**. The **price** will be **\$70.00** again. So please **stop in** to **sign up** or **you may send a check in the mail**, just please include a **phone number** so we can connect you.

We have **partnered** with **McDonough County** for a **Stress Busting class**. It starts **9/3/2025** from **2-3:30p**. This class will be held every **Wednesday** until the **10/29/2025**. Please **contact us** if you are **interested in joining!**

Our **activity calendar** is full of possibilities for **engagement**. We will have our **Senior Digital Class 9/9/2025 @ 10am**. We will have **Music by Yankee Dave on 9/16/2025 @ 12pm, 9/23**: We will be doing **tie blankets** to **donate** to **Beacon of Hope**. **Men's meal** and **Bingo** will be on **9/18/2025 @ 11:30 & 12:30**.

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" By all these lovely tokens, September days are here. With summer's best of weather and autumn's best of cheer." -Helen Hunt Jackson

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Stay Engaged at your Clubhouse!

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**The winner for the August's icon search is June Goben.**  
**Find this month's icon: Acorn,**  
**then call to be included in this month's drawing.**

**Every Monday the Center is Open:**  
**Virtual Moving with Milly (10:00)**

**Monday & Friday's: Bridge (12:00)**  
**\*Only when the office is opened! If we are only offering meals that day, we will not be hosting cards! \***

**Nutritious Meals for Seniors—Join Us In Person or at Home**

**If you are 60 or older, we have two great ways for you to enjoy a nutritious meal.**

**Join us at one of our six congregate meal sites, where you can enjoy a nutritious meal while connecting with others in a welcoming community. Meals are provided with a suggested donation of \$3.50.**

**If mobility challenges make it difficult to attend in person, you may be eligible for home-delivered meals. Call 309-734-4251 to complete a quick assessment.**

**This program is partially funded by Western Illinois Area Agency on Aging and United Way of Greater Warren County. For more information and to find a meal site near you, visit:**

<https://www.jamiesoncommunitycenter.org/senior-nutrition>

**Caregiver** and **Grief Support** group will be on **9/10/2025** from **1:30-3pm**.

In **Honor of Labor Day**, we will be **closed** on **9/1/2025**, this includes **meals!**

During our **Program Review** on **9/8/2025 9am-12pm** please be aware services may be **limited** as we will be involved with our **Program Review** with **Western Illinois Area on Aging (WIAAA)**

**Davenport Audiology** is here every **other Wednesday** from **9a-1p** You will need to **call** their **location** to set an **appointment (563) 386-8885** 📞

**Caregivers** we need your help, please do an **online assessment** to **assist** with **Caregiving needs** to help reduce the **workload/stress**. Click on the **TCARE** link or visit [www.mercercountyseniorcenter.com](http://www.mercercountyseniorcenter.com)



Calling all able body's that would like to **Volunteer**.  
<https://www.justserve.org/MercerCountySeniorCenter>

This is your Clubhouse and a one stop shop to receive all **Local, State & Federal Programs**. Please **call us** with **any and all questions** for **Medicare, Drug Co-Pay Assistance, Part B reimbursement, Medicaid, License Plate discounts, Caregiving, Stress Busting, Caregiver TCARE, Social Engagements and More!** Thank you, we look forward to seeing you soon, Michelle, Taylor & Molli.

**Happy Birthday to Our September Babies: 9/2 Audrey Nylin, 9/4 Molli Garringer, 9/11 Alan Sedam, 9/30 Randy Chard**

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**We serve congregate meals at Mercer County Senior Center, M-F at 11:30AM for all adults 60+. Check out our menu and choose your favorites! Reservation required 24 hours in advance. Call Hannah at 309-337-1938 to secure your spot! Thank you, Jamieson center Staff.**

**Jamieson Center is also hosting their own activities.**

**Yahtzee 9/17/2025 @ 12pm**

**Origami @ 12pm**

**Remember we are a cooling station Monday -Friday, 8:00-3:00. Most days we have Whitey's Ice cream too!**

**Mercer County Senior Center Does Not Endorse any for Profit or Nonprofit Entity that shares space, partners with, and/or Advertises within our Establishment.**

**AVAILABILITY-The Center is a Great Place to Rent for your Family Gatherings, Showers, & Parties. Comfortably seat's 80!**