
October 2025

Mercer County Senior Center

137 W Main St. Aledo, IL 61231

309-582-7221/855-582-6272 Fax: 309-929-4726

Hello **All**,

That **time** of **year** is here again, to start reviewing **Medicare Advantage Plans** and **Prescription Drug Plans**. **Open Enrollment** starts **October 15th- December 7th**! Don't have **Medicare Regret**, make your **appointment** today! **ADRD** starts again on the **1st**! Please see **flyer**!

Michelle will be at **Viola Marigold Apartments** on **10/22/2025**. **New Windsor Cozy Haven Apartments** on **10/29/2025**. **Vashti Apartments** on **11/3/2025**. Please **call** ahead to get your **appointment**. Please see **flyer**.

We will be **carpooling** from the **Center** again to go to **Celebration Belle** on **10/23/2025**.

We will be having a **Loaded Baked Potato Sale**! These will be need to be **pre-ordered**. Please **stop in** or **give** us a **call**, see **flyer** attached!

We have **partnered** with **McDonough County** for a **Stress Busting class**. **9/3/2025-10/29/2025** from **2-3:30p**. This class will be held every **Wednesday**. Please **contact us** if you are **interested in joining**! 🍁

We are starting our **Annual Needs Assessment Survey**; we need **50 surveys completed**. The survey is **online** but can be **completed** at the **Center**. See **flyer** for details.

Zach from **Help at Home** will be at the **center** hosting **Karaoke** at **12pm**! Come **join** in on the **fun**!

"Bittersweet October. The mellow, messy, leaf-kicking, perfect pause between the opposing miseries of summer and winter."
—Carol Bishop Hipps



Stay Engaged at your Clubhouse!

The winner for the September's icon search is Sandra Guntner. Find this month's icon: Ghost, then call to be included in this month's drawing.

Every Monday the Center is Open:
Virtual Moving with Milly (10:00)

Monday & Friday's: Bridge (12:00)
*Only when the office is opened! If we are only offering meals that day, we will not be hosting cards! *

Jamieson Community Center's Senior Nutrition program provides nutritious, well-balanced meals to adults aged 60 and older, supporting health, independence, and social connection. Meals are served in welcoming community settings, giving seniors the chance to enjoy good food while building friendships and staying engaged with their neighbors.

Visit our website for more information,
<https://www.jamiesoncommunitycenter.org/senior-nutrition>

This program is partially funded by Western Illinois Area Agency on Aging and United Way of Greater Warren County. For more information and to find a meal site near you, visit:

<https://www.jamiesoncommunitycenter.org/senior-nutrition>

Our **activity calendar** is full of possibilities for **engagement**. We will have our **Senior Digital Class 10/14/2025 @ 10am**. We will have Craft Day on **10/28**: We will be **dipping pumpkins into paint!** **Men's meal** and **Bingo** will be on **10/16/2025 @ 11:30 & 12:30**. **Caregiver** and **Grief Support** group will be on **10/8/2025** from **1:30-3pm**. The **Foot Clinic** will be on **10/20/2025** from **1-4p**. **Get signed up!**

In **Honor of Columbus Day**, we will be **closed** on **10/13/2025**, this includes **meals!** **We will be closed October 3rd, 2025**, **calls will go to voicemails** and **we will return them on Monday the 6th**.

Davenport Audiology is here every **first Wednesday** of each **month** from **9a-1p** You will need to **call** their **location** to set an **appointment (563) 386-8885**

Caregivers we need your help, please do an **online assessment** to **assist** with **Caregiving needs** to help reduce the **workload/stress**. Click on the **TCARE link** or visit www.mercercountyseniorcenter.com

Calling all able body's that would like to **Volunteers**. There are **plenty** of **ways** to get **involved!**
<https://www.justserve.org/MercerCountySeniorCenter>

This is your Clubhouse and a one stop shop to receive all **Local, State & Federal Programs**. Please **call us** with **any and all questions** for **Medicare, Drug Co-Pay Assistance, Part B reimbursement, Medicaid, License Plate discounts, Caregiving, Stress Busting, Caregiver TCARE, Social Engagements and More!** Thank you, we look forward to seeing you soon, Michelle, Taylor & Molli. We'd like to welcome our new receptionist, Lisa!

Happy Birthday to Our October Babies: 10/1: Rosa Stull, 10/3: Doug Sturgill, 10/10: Barb Runyon, Ann Runyon, 10/29: Michelle Robinson

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We serve congregate meals at Mercer County Senior Center, M-F at 11:30AM for all adults 60+. Check out our menu and choose your favorites! Reservation required 24 hours in advance. **Call Hannah at 309-337-1938 to secure your spot!** Thank you, Jamieson center Staff.

Jamieson Center is also hosting their own activities.

10/9: Brain Teasers 12pm

10/21: Halloween Decoration Crafts 12pm

Remember we are a cooling/warming station Monday - Friday, 8:00-3:00. Most days we have Whitey's Ice cream too!

Mercer County Senior Center Does Not Endorse any for Profit or Nonprofit Entity that shares space, partners with, and/or Advertises within our Establishment.

AVAILABILITY-The Center is a Great Place to Rent for your Family Gatherings, Showers, & Parties. Comfortably seat's 80!

The Computer Lab is ready with 10 New Chromebooks & The Theater Room with Massage Chairs & a Smart TV.