
March 2026

Mercer County Senior Center

137 W Main St. Aledo, IL 61231

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Hello **All**,

Medicare Advantage Open Enrollment ends March 31st. If you **find** that your **providers** aren't in **network** or the plan **isn't working** the way you **want**. You have the **chance** to **choose** another **Medicare Advantage** or go to **Original Medicare** and get a **Stand-Alone Prescription Drug plan**.

We are still booking for our trip! The trip will be on **August 31st-September 5, 2026**. The price for a **Double Room** will be **\$800.00**. We will require a **\$75 deposit** to put you on the **list**, **deposits** are **due 4/24/2026** to have in by **4/30/2026**. (**CHECK ONLY**) All checks need to be **made out to Diamond Tours**.

Cydnee Stockham with **St. Ambrose University** will be **educating** us on **Hands Only CPR** on **March 2nd @ 12pm**.

Senior Living Solutions will be here on **March 4th**, @ **11am** to introduce a **new service** by **Mercy One**.

🍀 Our **activity calendar** is full of possibilities for **engagement**. We will have our **Senior Digital Class 3/10/2026 @ 10am**. **Men's meal** and **Bingo** will be on **3/19/2026 @ 11:30 & 12:00**. **Caregiver** and **Grief Support** group will be on **3/11/2026** from **1:30-3pm**. **Craft Day will be on 3/25/2026**. **American Job Center** will be hosting a **Digital Class on 3/5/2026**. **Foot Clinic** will be here on **4/20/2026 @ 1:30pm**.

We are also going to **start** having **games** available on **Wednesday** for **anyone** who would like to **play! We are**

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Stay Engaged at your Clubhouse!

The winner for the February icon search is Tom Wilson. Find this month's icon four leaf clover :, then call to be included in this month's drawing.

Every Wednesday will be Game Day!
9am-2pm

Monday & Friday's: Bridge (12:00)
*Only when the office is opened! If we are only offering meals that day, we will not be hosting cards! *

Jamieson Community Center's Senior Nutrition program provides nutritious, well-balanced meals to adults aged 60 and older, supporting health, independence, and social connection. Meals are served in welcoming community settings, giving seniors the chance to enjoy good food while building friendships and staying engaged with their neighbors.

Visit our website for more information,
<https://www.jamiesoncommunitycenter.org/senior-nutrition>

This program is partially funded by Western Illinois Area Agency on Aging and United Way of Greater Warren County. For more information and to find a meal site near you, visit:
<https://www.jamiesoncommunitycenter.org/senior-nutrition>

always looking for new ways to bring people in, if you have any ideas, please let us know.

Mercer County Health Department will be offering a **Matter of Balance Class** March 24-April 16th 9:30a-11:30a. See flyer attached.

PASTA (Parenting A Second Time Around)- is a new **8-week** series **designed** to provide **support** to **grandparents** and **relatives** who have stepped into a **parenting role**. This training will provide **support, connection, tools, and resource**. See **flyer** attached.

We are going to **start** a **Stress Busting Class**, **April 23 through June 18 of 2026. 1-2:30pm** If you have any **interest, please let us know. We need 5 to start** the class.

Caregivers we need your help, please do an **online assessment** to **assist** with **Caregiving needs** to help reduce the **workload/stress**. Click on the **TCARE link** or visit www.mercercountyseniorcenter.com

Calling all able body's that would like to **Volunteer**. There are **plenty of ways** to get **involved!**

<https://www.justserve.org/MercerCountySeniorCenter>

This is your Clubhouse and a one stop shop to receive all **Local, State & Federal Programs**. Please **call us** with **any and all questions** for **Medicare, Drug Co-Pay Assistance, Part B reimbursement, Medicaid, License Plate discounts, Caregiving, Stress Busting, Caregiver TCARE, Social Engagements and More!** Thank you, we look forward to seeing you soon, Taylor & Molli.

Happy Birthday to Our March Babies: 3/3: Ida Roth, 3/4: Charles Hendrix, 3/5: Nancy Bowker, 3/6: Kenneth Crandall, 3/12: Tracey Smith, 3/22: Leitha Gowdy, Scott Weeks, 3/24: Sandra Carlson, 3/25: Jean Mahaffey

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We serve congregate meals at Mercer County Senior Center, M-F at 11:30AM for all adults 60+. Check out our menu and choose your favorites! Reservation required 24 hours in advance. **Call Hannah at 309-337-1938 to secure your spot!** Thank you, Jamieson center Staff.

Jamieson Center is also hosting their own activities.

3/9/2026: St. Patrick's Day Crafts @ 12p

3/26/2026: Brain Teaser @ 12p

Remember we are a warming station Monday -Friday, 8:00-3:00. Most days we have Whitey's Ice cream too!

Mercer County Senior Center Does Not Endorse any for Profit or Nonprofit Entity that shares space, partners with, and/or Advertises within our Establishment.

AVAILABILITY-The Center is a Great Place to Rent for your Family Gatherings, Showers, & Parties. Comfortably seat's 80!

The Computer Lab is ready with 10 New Chromebooks & The Theater Room with Massage Chairs & a Smart TV.